

Research participants needed for the following study: An exploration of black therapists' personal experiences of racism and their experience of working with clients who have also experienced racism

Are you a qualified clinical psychologist, counselling psychologist or CBT therapist and do you self-identify as black?

Purpose of the study

At present there is a lack of research in the area of black therapists' personal experiences of racism and how they work with clients who have also experienced racism in a psychotherapeutic context.

This aim of this research study is to develop a greater understanding within the field of intersectionality, race and psychotherapy practice as well as to highlight ways in which black therapists can be supported better within clinical practice contexts.

Who can take part

- ✓ Qualified clinical/counselling psychologist or CBT therapists
- ✓ Identify as black (this includes black African, black Caribbean, black British).
- ✓ Currently in clinical practice.
- ✓ Have personally experienced racism/microaggressions.
- ✓ Have worked with clients who have disclosed experiences of racism/microaggressions within therapy

What is involved?

- ✓ Take part in a 60-90 minute semi structured interview.
- ✓ Share your personal experiences of racism or microaggressions.
- ✓ Share your thoughts and experiences of working with clients in therapy who have also experienced racism.
- ✓ All data will be anonymised.

If you would like to be part of this study please email the **Researcher: Michelle Brooks-Ucheaga** m.brooks3@derby.ac.uk

This study has received ethical approval from the University of Derby. Director of studies=Dr Jamie Bird, email: J.Bird@derby.ac.uk